



2023 PADDLER'S BOOK

RACE RULES & ENTRY INFORMATION

AUSABLE RIVER



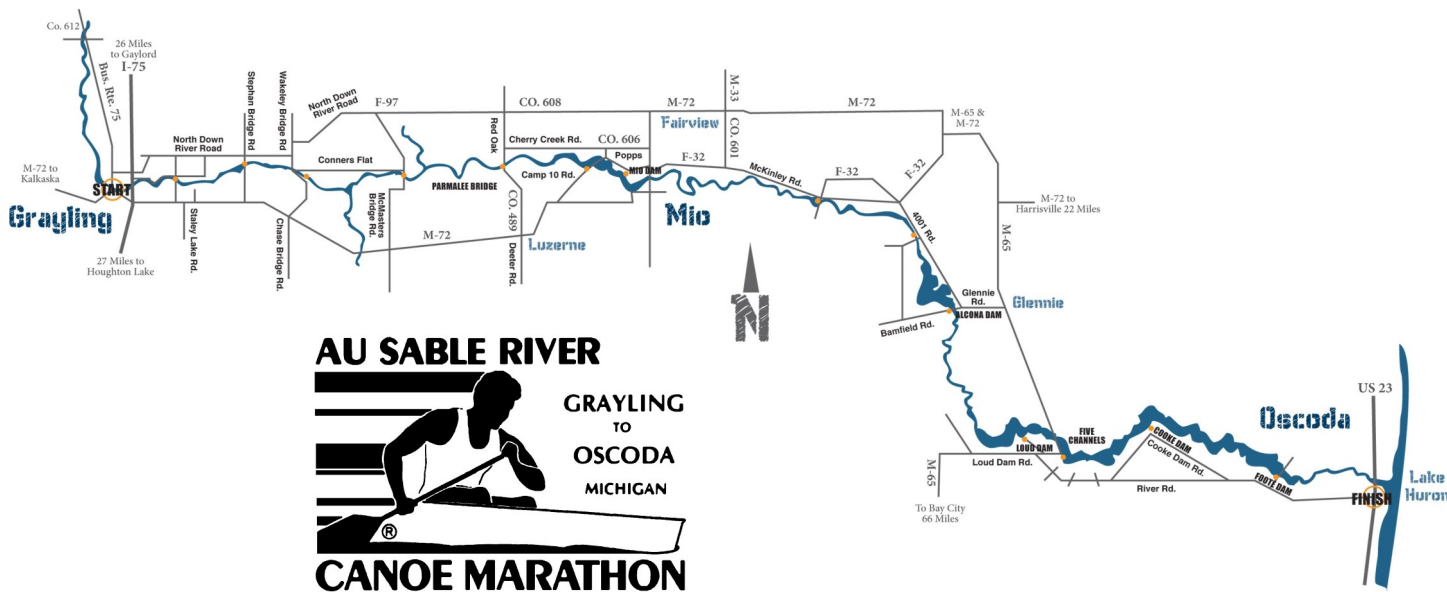
CANOE MARATHON

Consumers Energy

Count on Us®

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ORGANIZATION INFORMATION

The name of the organization that plans and runs the AuSable River Canoe Marathon is AuSable River International Canoe Marathon, Inc. (ARICM, Inc.). ARICM, Inc. is a 501(c)(4) non-profit organization registered in the State of Michigan, and officially recognized by the City of Grayling and the Townships of Oscoda and AuSable.

The mission of ARICM, Inc.'s volunteer organizing committee is to:

- ◆ Organize, promote, and expand the annual AuSable River Canoe Marathon;
- ◆ Generate positive public exposure of the communities in the AuSable River Valley;
- ◆ Increase public awareness of our unique natural resource which should be protected for the enjoyment of future generations: The AuSable River.

ARICM, Inc. is comprised of a Grayling Committee and an Oscoda Committee, which coordinate the implementation of ARICM, Inc.'s mission throughout the AuSable River Valley.

WHAT IS THE AUSABLE RIVER CANOE MARATHON?

The AuSable River Canoe Marathon, a.k.a. "The Marathon", is a non-stop canoe race that starts at night with a thrilling LeMans-style running-start to the river in Grayling, MI, and ends 120 miles later near the shores of Lake Huron in Oscoda, MI. Contestants must navigate the narrow, winding upper stretch in total darkness, as well as stump-filled ponds, and the blazing July sun in the lower stretch.

This race is not a recreational canoe float, but a professional, ultra-competitive race with the very best professional paddlers from around the world. Contestants must be in peak condition in order to complete the race in the allotted time, and to endure the grueling and strenuous physical and mental strains The Marathon demands of the paddlers.

RACE HISTORY: HOW IT ALL BEGAN

The idea for the original Marathon developed over a cup of coffee at Si 'n Gerts Restaurant in Oscoda, in 1947. Howard Brubaker, then president of the Oscoda Chamber of Commerce, was brainstorming with Frank Davis. Davis was then the executive manager of the Eastern Michigan Tourist Association (EMTA), and they were at the all-night truck-stop restaurant trying to come up with an idea for a tourist draw to the area after Labor Day. A canoe race was suggested, and the two men decided they would check with Grayling, Roscommon, and Mio along the AuSable River to see if it was feasible. Brubaker agreed to make the contacts, and found officials along the way more than interested.

All agreed that a trial run should be made, but they could not rustle up volunteers to make the trip. Brubaker teamed up with Percy Jocks, in a 17-foot Old Town canoe, and launched the run personally. They wanted to see, first of all, if it could be done, how long it would take, and if the canoes could move at night. They launched from Grayling on a Monday morning, around 9:00 A.M., and did not arrive in Oscoda until Wednesday afternoon; the test run took them 31 hours of paddling. Brubaker said, "at Mio, I was ready to throw in the sponge." He and Jocks ran into a heavy thunderstorm, and the pup tent they slept in one night collapsed on them. They were tipped over by a sweeper (a limb from a tree), and after the run was over, it took a full week to recuperate. "It was very rugged," he said, "but we knew it could be run." After the trial run by Brubaker and Jocks, a meeting was held in Mio on April 22th, 1947, by members of the EMTA, discussing the planning of the First Annual Michigan Canoe Championship. The first race was held September 6th & 7th, 1947, and the race would eventually come to be known as the AuSable River Canoe Marathon. Brubaker became General Chairman for the first race and sponsored a team for the first ten years.

Grayling Committee	Committee Role	Oscoda Committee
Andy Moore Amy Martella Yvonne Schreiber Karen Martella Michelle Millikin Kate Reitz	Co-Chairperson Vice Co-Chairperson Treasurer Secretary Board Member Board Member	Kathy Erickson Heather Tait Rod Matthews Mikayla Erickson Ryan Matthews Justin Griffith
Ernie Balch Rich Kimmel Suzanne Schlachter	Board Alternates	Sam Harmon Chris Lovelace Ryan Goodwin Keith Wojahn Kathy Lott Mike Stephenson
John Cherven Alexis Cherven Bruce Milligan Greg Stansbury Phil Weiler Wayne Koppa Camren Wilson	Non-Voting Members	L.J. Bourgeois Danielle Bourgeois Marie Matthews Jerry Killingbeck Jennifer Jackson Liam Tait Alexis Carpenter

NOTES FROM THE COMMITTEE, SPONSORS, & SUPPORTERS

Together, Consumers Energy and AuSable River International Canoe Marathon, Inc. (ARICM, Inc.) work to promote and expand the sport of canoe racing, generate positive public exposure of the AuSable River Valley, and increase public awareness of this unique natural resource while helping to protect it for future generations.



A MESSAGE FROM KATHY ERICKSON

ARICM, Inc. Co-Chairperson

Living in Oscoda and being able to experience the AuSable River Canoe Marathon has been one of the highlights of my summer for over 30 years. When I was first asked to help out at Cooke Dam in 2003, I had no idea what to expect. What I discovered was a passion for the race that I never imagined. I continued to volunteer for several years and then moved on to a committee position. Several years ago, I became Co-chair for the event, something I never imagined I would do. This race means so much to me it is actually hard to put it in to words. You paddlers never cease to amaze me; your dedication, determination and perseverance are an inspiration. I applaud your accomplishment as you take on the mighty AuSable. See you in Oscoda on Sunday!!



A MESSAGE FROM ANDY MOORE

ARICM, Inc. Co-Chairperson

Welcome to the 75th Edition of the Consumers Energy AuSable River Canoe Marathon. It is my honor again this year to be the Chairperson of the Grayling Committee. Each year our committees work tirelessly to put on the greatest canoe race in the world. This year will be no different. I look forward to seeing all of you paddle your way towards the finish in Oscoda!



A MESSAGE FROM RYAN MATTHEWS

ARICM, Inc. Board Member & ARCM Historian & Statistician

I started as a Marathon volunteer in 2001, helping to mow grass at spots along the race course. And here I am, over 20 years later, with the privilege of helping to organize this world class event in its 75th year. It's been an honor and passion, since being handed the reins of the historian duties in 2011, to celebrate all of you amazing paddlers who brave the challenge of the AuSable River in late July. I still get the same energized feeling now as I did as a young boy, when I would stay awake and listen to radio updates of the race all night. And I still get goosebumps of excitement when I reminisce about the times I've finished the Marathon. *This race has that impact on all who are part of it.* Good luck to you all, and see you at the Finish Line in Oscoda!



A MESSAGE FROM RICHARD CASTLE

Consumers Energy Community Affairs Manager for Northeast Michigan

Welcome, paddlers! Consumers Energy is again proud to serve as title sponsor of the AuSable River Canoe Marathon, northern Michigan's signature competitive event. In fact, we've been a partner in the Marathon for each of its 75 years!

The internationally-renowned race's 120-mile route traverses Consumers Energy's six hydroelectric dams on the AuSable River that provide clean, renewable energy here in northern Michigan. The dams -- engrained in the event's lore -- are used by paddlers and spectators alike to make their experiences truly memorable. More than providing sponsorship funding, we work hard to ensure our facilities are ready, safe and compatible for the paddlers and spectators when it's race time.

The AuSable River Canoe Marathon showcases our commitment to communities along the Au Sable River -- and our shared commitment to preserving the area's bountiful natural resources via our Clean Energy Plan for Michigan.

Good luck and best wishes to you and your teams for a great (and fun!) Marathon. I look forward to seeing you on the river!

ENTRY INFORMATION

ENTRY FEES	
Entry must be <u>Postmarked</u> or <u>Received</u> on or before the Early Entry Deadline date listed in the Event Schedule	\$250 USD per team
Entry must be <u>Postmarked</u> or <u>Received</u> on or before the Main Entry Deadline date listed in the Event Schedule	\$350 USD per team
Entry must be <u>Received</u> before 12:00 P.M. (Noon) on the Late Entry Deadline date listed in the Event Schedule	\$450 USD per team
Please make checks and money orders payable to: AuSable River Canoe Marathon	

- The Official Entry List is updated on our website at www.ausablecanoemarathon.org. Please visit the site to confirm your entry has been received and to check your scheduled Time Trial starting time.
- All Marathon entry applications and fees (whether via online registration or paper entry form) must be received by the Late Entry Deadline at 12:00 P.M. (Noon). To meet the deadline, the entry application must be complete, including the paddler profile, and signed by at least one contestant. Both contestants must sign the entry form by their Check-In Deadline.
- Teams are required to race as indicated on their entry form.
- A change of team members will require a newly completed and signed entry application and will be subject to the new entry fee, based on the new date received. Each contestant will be credited half of the original entry fee for re-entry. Please refer to Race Rules Section 1.
- There will be **no refund** for entry withdrawals.
- The Marathon Committee reserves the right to reject any entry.
- Participants/guardians will be required to sign a release and insurance forms during (mandatory) contestant check-in prior to the event. Participants are encouraged to check-in as early as possible during race week. Pre-race check-in will be available beginning a week before the Marathon, at the Grayling City Park Pavilion, during the Spike's Challenge sprints.
- During check-in, each entrant receives paddler support items including a competitor's shirt and entrance information to Sunday's Post-Race Awards Banquet. Every paddler that finishes the course under 19 hours will qualify for Finisher's Prizes.

MARATHON SAFETY CONSIDERATIONS

Safety of paddlers is a prime concern during the grueling 14-19 hour race along the 120+ mile course of the AuSable River. Beginning at 9:00 P.M. Saturday in Grayling with a LeMans start, the narrow twisting upper stretches are paddled in darkness. Several hours later are the backwater ponds and six hydro-electric dam portages before reaching the Finish Line in Oscoda between 11:00 A.M. and 4:00 P.M. on Sunday.

This race is challenging and should be attempted by only those who are conditioned, experienced paddlers. Paddlers will need a knowledge of the river, a light source for night paddling, and a support team to provide food and fluids. Please make arrangements for your feeders well in advance! The race committee is not responsible for providing feeders. A designated support team captain, two USCG-approved (**Type I, II, or III**) **inherently buoyant** lifejackets/PFD's, and two pea-less signaling devices are mandatory. All required equipment must be in the canoe at the official inspection on Friday or Saturday, **and throughout the duration of the race**. **NOTE: Paddlers may use a Type III or Type V inflatable or hybrid PFD, provided there is also a USCG-approved (Type I, II, or III) inherently buoyant PFD for each paddler in the canoe.**

Several cut-off points as outlined in the Race Rules have been established (see Race Rules Section 8). Paddlers unable to reach a given point within the allotted time will be disqualified and asked to leave the river. Safety protocols include race officials established along the race course with portable communication equipment to alert emergency personnel if necessary.

ALL CONTESTANTS ARE REQUIRED TO:

- Check-in at the **former Grayling Chamber of Commerce building** before their respective deadline, Monday thru Friday of Race Week. Optionally, contestants may check-in during the Spike's Challenge at the Grayling City Park Pavilion as noted on the **Event Schedule**. Available check-in times are listed on the **Event Schedule**. See the "Event Check-In" section below.
- Be on-time and present for the **Pre-Race Briefing** on Friday of Race Week, as noted on the **Event Schedule**.
Attendance is MANDATORY! DO NOT BE LATE!!
NOTE: Only contestants and their team captains will be allowed into the area for the Briefing.
- Be on-time and present for the **Introduction of Marathon Paddlers** on Race Night during the Pre-Race Program, located at the Old AuSable Fly Shop.

Teams which do not attend required events listed above are subject to a penalty (see Race Rules).

EVENT CHECK-IN

PLEASE NOTE: All contestants must check-in prior to the Contestant Check-In Deadlines listed in the **Event Schedule**. Available check-in times are listed in the **Event Schedule**.

(A) Contestants scheduled to do their Time Trial during Wednesday of Race Week, must check-in before the Wednesday Contestant Check-In Deadline.

(B) Contestants scheduled to do their Time Trial during Thursday of Race Week, must check-in before the Thursday Contestant Check-In Deadline.

(C) Contestants scheduled to do their Time Trial during Friday of Race Week, must check-in before the Friday Contestant Check-In Deadline.

(D) Contestants who fail to check-in by their respective deadline (refer to A, B, & C above) will be assessed an additional fee of \$200 USD, and granted a two-hour extension to check-in. Any contestants who fail to check-in by their respective extended deadline will be disqualified. Refer to Rule #2.4.

PLEASE NOTE: Volunteers with the AuSable River Canoe Marathon typically have several assignments during Race Week. Your cooperation and consideration on the timeliness of your appearance for check-in, Time Trials, Canoe Inspection, the Pre-Race Briefing, the Introduction of Paddlers, and other required events will enable our volunteers the greatest opportunity to complete their assigned tasks, and is much appreciated.

IMPORTANT: PRE-RACE WITHDRAWAL INFORMATION

If a team withdraws prior to the Late Entry Deadline, and one of the original team members enters with a new partner, a credit equal to 50% of the original entry fee will be applied to the new entry.

If a team withdraws prior to the Late Entry Deadline, and both of the original team members enter with new partners, a credit of 50% of the original entry fee will be applied to each of the new entries.

The rule will be followed by the Marathon Committee without regard to which of the original team members paid the original entry fee. This rule pertaining to partner changes is limited to one change per person. Any new entry is subject to the rate in effect on the date of the new entry (See Race Rules Section 1).

Paddlers wishing to withdraw and re-enter should contact the Marathon Committee prior to completing a new entry form.

EVENT SCHEDULE

⊗ = Mandatory for All Paddlers

★ = Mandatory for Paddlers with Time Trial Scheduled That Day

MONDAY, JUNE 19, 2023

Early Entry Deadline

MONDAY, JULY 3, 2023

Main Entry Deadline

WEDNESDAY, JULY 12, 2023

12:00 P.M. — **Deadline for Listing or Changing Team/Canoe Sponsors**

SATURDAY, JULY 22, 2023

9:00 A.M. to 2:00 P.M. — **Contestant Check-In** @ Grayling City Park Pavilion (During the Spike's Challenge Sprints)

6:00 P.M. — **Marathon C-1 Scholarship Fundraiser** (During the Spike's Challenge C-1 Race)

MONDAY, JULY 24, 2023

9:00 A.M. to 2:00 P.M. — **Contestant Check-In** @ The former Grayling Chamber of Commerce building

12:00 P.M. — **Late Entry Deadline** [No ARCM Entries will be accepted after this deadline]

4:30 P.M. — **Marathon C-1 Scholarship Fundraiser** (Alternate attempt day)

TUESDAY, JULY 25, 2023

9:00 A.M. to 2:00 P.M. — **Contestant Check-In** @ The former Grayling Chamber of Commerce building

4:00 P.M. to 5:00 P.M. — **Registration for Da\$h For Ca\$h** @ Finish Line Park, Oscoda

5:15 P.M. — **Da\$h For Ca\$h** @ Finish Line Park, Oscoda

Sponsored by Consumers Energy, Presented by Gilberts Drug & Kalitta Air

WEDNESDAY, JULY 26, 2023

9:00 A.M. to 2:00 P.M. — **Contestant Check-In** @ The former Grayling Chamber of Commerce building

★ 2:00 P.M. — **Contestant Check-In Deadline** (For teams with a Wednesday Time Trial)

★ 4:00 P.M. to 6:00 P.M. — **Time Trial Sprints for Starting Position** @ Penrod's Canoe Rental, Grayling

Sponsored by Weyerhaeuser, Presented by Home Waters Real Estate & Arauco

(Official measuring of canoes is available during Time Trials)

THURSDAY, JULY 27, 2023

9:00 A.M. to 2:00 P.M. — **Contestant Check-In** @ The former Grayling Chamber of Commerce building

★ 2:00 P.M. — **Contestant Check-In Deadline** (For teams with a Thursday Time Trial)

★ 3:00 P.M. to 6:30 P.M. — **Time Trial Sprints for Starting Position** @ Penrod's Canoe Rental, Grayling

Sponsored by Weyerhaeuser, Presented by Home Waters Real Estate & Arauco

(Official measuring of canoes is available during Time Trials)

6:00 P.M. — **C-1 Express Race** @ Penrod's Canoe Rental, Grayling

Sponsored by Dead Bear Brewing Co.

FRIDAY, JULY 28, 2023

9:00 A.M. to 12:00 P.M. — **Contestant Check-In** @ The former Grayling Chamber of Commerce building

★ 12:00 P.M. — **Contestant Check-In Deadline** (For teams with a Friday Time Trial)

★ 2:00 P.M. to 4:30 P.M. — **Time Trial Sprints for Starting Position** @ Penrod's Canoe Rental, Grayling

Sponsored by Weyerhaeuser, Presented by Home Waters Real Estate & Arauco

(Official measuring of canoes is available during Time Trials)

2:00 P.M. to 5:00 P.M. — **Official Canoe Inspection and Sequestration** @ Grayling Middle School

2:45 P.M. (Approx.) — **Special Olympics Event** @ Penrod's Canoe Rental, Grayling

Sponsored by Grayling Knights of Columbus

⊗ 5:30 P.M. (Sharp!) — **Official Marathon Pre-Race Briefing** @ Ramada Inn of Grayling [Don't Be Late!]

(**Only Paddlers and their team captains will be allowed into the area for the Briefing**)

EVENT SCHEDULE (CONTINUED)

⊛ = Mandatory for All Paddlers

★ = Mandatory for Paddlers with Time Trial Scheduled That Day

SATURDAY, JULY 29, 2023

9:00 A.M. to 12:00 P.M. — **Official Canoe Inspection and Sequestration** @ Grayling Middle School

⊛ 12:00 P.M. — **Canoe Inspection and Sequestration Deadline**

6:00 P.M. — **Pre-Race Program Begins** @ Old AuSable Fly Shop, Grayling

⊛ 6:45 P.M. — **Introduction of Marathon Paddlers** @ Old AuSable Fly Shop, Grayling

8:00 P.M. — **Canoes Released From Sequestration** @ Grayling Middle School

⊛ 9:00 P.M. — **Start of the AuSable River Canoe Marathon** @ Peninsular Ave, Grayling

SUNDAY, JULY 30, 2023

10:30 A.M. — **Pre-Finish Program Begins** @ Finish Line Park, Oscoda

11:00 A.M. to 4:00 P.M. — **Finish of the AuSable River Canoe Marathon** @ Finish Line Park, Oscoda

6:00 P.M. — **Post-Race Awards Dinner** @ Oscoda High School

MONDAY, JULY 31, 2023

9:00 A.M. to 11:00 A.M. — **Paddlers Breakfast** @ AuSable Inn, Oscoda

Sponsored by AuSable Inn River View Restaurant

TUESDAY, OCTOBER 31, 2023

Deadline to Cash Checks for Prizes and Bonus Awards

NOTE: Paddlers who do not attend Mandatory Events or fulfill Mandatory Deadlines, as listed in the Event Schedule and elsewhere in the Paddler's Book, are subject to a penalty (See Race Rules).

ASSOCIATED EVENTS

WEYERHAEUSER TIME TRIAL SPRINTS FOR STARTING POSITION

Presented by Home Waters Real Estate & Arauco

Wednesday, Thursday, and Friday of Race Week — Penrod's Canoe Rental, Grayling

Marathon teams paddle a timed, looped course to determine Marathon starting positions for Saturday night's LeMans-style start. One canoe will be released onto the course at designated intervals. Be sure to select your preferred Time Trial sprint slot on the Entry Form.

NOTE: You do not have to use your Marathon canoe in the Time Trials; however all canoes must meet specifications and may be measured prior to the Time Trial. An official measuring of your Marathon canoe is available Wednesday, Thursday, and Friday afternoons at the Time Trials. ALL canoes must still pass the official inspection before being sequestered.

CONSUMERS ENERGY DA\$H FOR CA\$H

Presented by Gilbert's Drug of Oscoda & Kalitta Air

5:30 P.M. Tuesday of Race Week — Finish Line Park, Oscoda

The Da\$h For Ca\$h is a bracket-style, single elimination event. Teams will be competing for a part of a \$5,000+ prize pool! Sprints are scheduled to start at 5:30pm and will be held in approx. 2-3 minute intervals until a champion is crowned. Prize money will be handed out following the final sprint, and paddlers must be present to collect their prize.

Check-in and registration for the Da\$h for Ca\$h will be held at Finish Line Park from 3:00pm until 5:15pm. Teams are positioned on the bracket via random draw at 5:15pm. The event is free to enter for paddlers registered for the Marathon, and the cost for \$20/person for non-Marathon-entrants.

For more information, please visit the Marathon website.

C-1 EXPRESS RACE

Sponsored by Dead Bear Brewing Co.

6:00 P.M. Thursday of Race Week — Penrod's Canoe Rental, Grayling

The C-1 Express Race is a C-1 event open to the general public. Racers line-up in the river at Penrod's Canoe Rental, and race to the river-end of Burton's Landing Road, approx. 6 miles downstream.

Event registration is held from 2:00 P.M. to 5:30 P.M. Thursday of Race Week at Penrod's Canoe Rental. The entry fee is \$15.00.

The drawing for starting position will take place approx. 5:45 P.M. at Penrod's Canoe Rental. Prize money will be distributed at the finish line at Burton's Landing.

For more information, please visit the Marathon website.

SPECIAL OLYMPICS EVENT

Sponsored by Grayling Knights of Columbus

2:45 P.M. Friday of Race Week—Penrod's Canoe Rental, Grayling

Marathon Paddlers and Special Olympians! It's a Marathon Tradition since 1993! Sign up through the Grayling Race Office. Awards await each Special Olympian participating with a Marathon paddler on a brief, looped river course.

The deadline for entering the Special Olympics event is 2:00 P.M. Wednesday of Race Week. Please do not plan to participate in the event if your scheduled Official Time Trial is after 2:15 P.M. Friday of Race Week. Participants are expected to check-in for this event at 2:30 P.M. and are asked to stay for the awards presentation. If you paddled in this event last year and would like the same Special Olympian partner, please let the committee know as soon as possible.

Be a part of the fun!



**Let me win,
But if I cannot win
Let me be brave
In my attempt**



PRIZES

North America's Richest Canoe Race! Over **\$55,000** In Cash & Prizes!

CASH PRIZES			
Pos.	Prize (USD)	Pos.	Prize (USD)
1st	\$6,000	26th	\$480
2nd	\$4,000	27th	\$460
3rd	\$2,900	28th	\$440
4th	\$2,300	29th	\$420
5th	\$1,700	30th	\$400
6th	\$1,500	31st	\$380
7th	\$1,400	32nd	\$360
8th	\$1,300	33rd	\$340
9th	\$1,200	34th	\$320
10th	\$1,100	35th	\$300
11th	\$1,050	36th	\$290
12th	\$1,000	37th	\$280
13th	\$950	38th	\$270
14th	\$900	39th	\$260
15th	\$850	40th	\$250
16th	\$800	41st	\$0
17th	\$750	42nd	\$0
18th	\$700	43rd	\$0
19th	\$650	44th	\$0
20th	\$600	45th	\$0
21st	\$580	46th	\$0
22nd	\$560	47th	\$0
23rd	\$540	48th	\$0
24th	\$520	49th	\$0
25th	\$500	50th	\$0

Finishers from 41st position will receive Finisher's Prizes only; no cash prizes

Over \$8,000 in Finisher's Prizes to be awarded to AuSable River Canoe Marathon Finishers

NOTICE!! - Contestants have until October 31st to cash checks for prizes and bonus awards!

Checks for Bonus Prizes are mailed to the appropriate contestants after the race results have been reviewed and declared official.

BONUS DIVISION PRIZES			
Women's (Two Female Paddlers) Sponsored By Ole Dam Rd Party Store		Masters (Both Paddlers 40+ Years Old)	
Pos.	Prize (USD)	Pos.	Prize (USD)
1st	\$350	1st	\$250
2nd	\$200	2nd	\$150
3rd	\$150	3rd	\$100
Mixed (One Male, One Female Paddler) Sponsored By Northbound Outfitters		Seniors (Both Paddlers 50+ Years Old) Sponsored By Grayling Restaurant	
Pos.	Prize (USD)	Pos.	Prize (USD)
1st	\$350	1st	\$250
2nd	\$200	2nd	\$150
3rd	\$150	3rd	\$100
Rookie (Both Paddlers' 1st Marathon) Sponsored By Borchers AuSable Canoe & Kayak		Veterans (Both Paddlers 60+ Years Old) Sponsored By Northbound Outfitters	
Pos.	Prize (USD)	Pos.	Prize (USD)
1st	\$250	1st	\$250
2nd	\$150	2nd	\$150
3rd	\$100	3rd	\$100
All-Michigan (Both Paddlers Live In Michigan) Sponsored By Family of Michael Taggart		Youth-Adult (One Teenager, One 35+ Years Old) Sponsored By Farm Bureau Insurance—Katie Olson	
Pos.	Prize (USD)	Pos.	Prize (USD)
1st	\$250	1st	\$250
2nd	\$150	2nd	\$150
3rd	\$100	3rd	\$100
NOTE: Seniors & Veterans teams do not qualify for the Masters Bonus. Veterans teams do not qualify for the Seniors Bonus.			

LEADER'S BONUS

Leader's Bonuses totaling \$1,400 have been established. Fastest team point-to-point wins \$50. Also, the fastest split time wins \$50 for each of the fourteen (14) official timing checkpoints. A team is not required to complete the Marathon to be eligible for these bonuses.

BREAK THE RECORD BONUS

Sponsored by Jansen Insurance Agency

If the winning team in the Marathon breaks the current time of 13:54:09, the team will be awarded a **\$1,100** bonus, to be increased annually by \$100 until broken.

CANOE SPONSORSHIP

TEAM SPONSORS

Each team may list a maximum of two sponsors on their entry form. Sponsors listed on the entry forms that are received by the **Main Entry Deadline** will be used in the Spectator Guide and Paddler Introductions.

The deadline for listing or changing team sponsors is listed in the **Event Schedule**. Sponsor changes or additions after this time will not be acknowledged by the race committee. Be sure to have your sponsors listed by these dates.

FINDING YOUR OWN SPONSOR

When speaking to a prospective sponsor for your team, inform them they will receive the following:

1. Team Sponsors listed on entry registration forms before the **Main Entry Deadline** (up to two) will be published in the **ARCM Spectator Guide** (15,000+ copies printed, and distributed throughout the AuSable River Valley and various spots in Michigan).
2. Two sponsors for each team will be announced at the Time Trials.
3. Two sponsors for each team will be announced during the Pre-Race Program.
4. Two sponsors for each finishing team will be announced at the Finish Line.
5. If you have secured your sponsorship, there are vendors in Grayling and Oscoda that can supply you with sponsorship lettering for your canoe.

It is safe to say that tens of thousands of Marathon fans will hear or read your sponsor's name over the course of the event!

RACER SPONSORSHIPS

Generally, competing teams are expected to recruit their own sponsors for the Marathon. A limited number of \$100 paddler sponsorships will be made available by the volunteer organizing committee to teams which are unable to solicit their own sponsor. Priority is given to out-of-state teams.

Teams should request sponsorship assistance from the committee only as a last resort and only if they have **NO** other sponsors. If a team requests and accepts sponsorship support that has been arranged by the organizing committee, that is to be the only sponsor(s) for the team, otherwise the team will forfeit the committee-arranged sponsorship support.

Requests by qualified teams for sponsorship assistance should be made to the organizing committee in writing as soon as possible:

Attention: Racer Sponsorship
A.R.I.C.M.
P.O. Box 911
Grayling, MI 49738

EMMETT WEILER YOUNGEST PADDLER GIFT

Starting in 2023, for the 75th Consumers Energy Canoe Marathon, the Weiler family is establishing the *Emmett Weiler Youngest Paddler Compensation Gift*.

Each year, the entry fee of the youngest paddler entered in the Marathon will be paid back to the paddler by the Weiler family to honor the memory of their son and grandson, Emmett Michael James Weiler. The Weiler family has been involved with the Marathon for over 40 years, and wishes to celebrate and recognize the youth paddlers who are so important for the growth of this great race, while helping to keep Emmett's memory alive.

ANNOUNCEMENTS & IMPORTANT INFORMATION

- ◆ **Parking Near Mio Dam** — The former Gott's Landing property (South of Mio Dam) is under new ownership. For many years, this has been a popular location for support teams to park and access Mio Dam. Unfortunately, access to the property is now restricted and a limited amount of parking will be allowed on the property. Please plan feeds and pit stops accordingly as public parking near Mio Dam is extremely limited. More information will be announced at the Pre-Race Briefing.
- ◆ **Checks for Prizes and Bonuses** — In an effort to aid the Marathon Committee perform its post-race responsibilities and prepare for following year's Marathon, a deadline has been established for cashing checks for prizes and bonuses. As of the 2021 Marathon, contestants will have until October 31st to cash checks for prizes and bonus awards. After that date, uncashed checks will no longer be valid.
- ◆ **The Grayling Race Office Has Moved** — As of 2022, the Grayling Race Office is no longer located in the Grayling Mini-mall. The Grayling Race Office has moved to the Grayling Nature Center at 100 South James St., Grayling, MI, 49738. The Grayling Nature Center, is located between the American Legion and Spike's Keg O' Nails, across the street from the Old AuSable Fly Shop.
- ◆ **Event Check-In for Contestants** — For 2023, event check-in will be located at the former Grayling Chamber of Commerce building, located between the Grayling Nature Center and Spike's Keg O' Nails
- ◆ **Five Channels Dam Portage** — Be advised, the core wall remediation project at Five Channels Dam was completed in 2022. The seawall at the top of the Five Channels Dam portage has been remodeled, and is similar to the one constructed at the top of Foote Dam a few years ago. It has an approx. 20 foot wide opening in the seawall, with concrete steps. More info to be provided at the Pre-Race Briefing.
- ◆ **Online Registration** — As of 2022, online registration is now available for team entry applications for the AuSable River Canoe Marathon. Please see the Registration page on the Marathon website for details. We encourage the use of online registration, but as we transition to the use of online registration, teams still have the option to use and submit the paper Entry Form for their entry application. This may be the last year that paper Entry Forms are available.
- ◆ **Race Rule Updates**
 - Rule 4.3 has been added. This rule was added to clarify the use of spray decks on canoes.
 - Rule 4.7 and Rule 4.8. have been added. These rules were added to prevent confusion for our volunteers, spotters, and timers, especially during the nighttime and early morning portions of the race.
 - Rule 6.1 has been updated. This rule was amended to clarify lifejacket/PFD requirements.
 - Rule 8.13 has been added. This rule was added due to an incident from a prior year.
 - Rule 20.4 has been amended. This rule was amended to clarify race committee procedures.
 - Rule 20.5 has been added. This rule was added to clarify race committee procedures.
 - Rules in Section 4, Section 8, and Section 20 were renumbered to accommodate these changes.

UNITED STATES FOREST SERVICE RECREATION FEE ALERT!!

A Recreation Pass is required on all vehicles entering the following river access sites: 4001 Bridge, Whirlpool River Access, AuSable Loop Campground, and Gabions Campground.

Recreation Day Passes are available at the self-service fee stations at each site where required, and at Alcona Canoe Rental during regular business hours.

Passes are also available at all Forest Service Offices, including the Mio Ranger Station, the Huron Shores Ranger Station in Oscoda, and Lumberman's Monument, from 8:00 A.M. to 4:30 P.M., Monday through Friday.

USFS Recreation Passes are \$5.00 (daily), \$15.00 (weekly), and \$30.00 (annually).

ETIQUETTE

RESPECT AND SHARE THE AUSABLE RIVER

Respect & Share the AuSable River when practicing on the AuSable for the Marathon or any other race, please practice common courtesy and respect nature. Let wading fishermen know that you are approaching; pass quietly and disturb the fishing as little as possible. If you ask them, they will generally let you know where they'd like you to pass (usually behind them).

When practicing at night, use a white or red light to let the fisherman know you are coming. Contact one of the local fishing shops to find when fishing traffic will be busiest and try to plan your run around the busy period (this time will change throughout the season).

Please do not disturb log jams and "sweepers" (the trees hanging low over the river), they are important parts of the AuSable River ecosystem. Trimming of these natural structures is illegal and gives the river unnaturally clean, straight flow that inhibits plant, insect, and trout growth.

USEFUL INFORMATION

INTRODUCTION OF PADDLERS

This is a mandatory event for Marathon paddlers, held at the Old AuSable Fly Shop. Teams are lined up in reverse-starting order, and are released one team at a time. Teams walk the boardwalk in front of the race fans gathered at the starting line, while they are announced to the crowd by the Pre-Race Program announcers.

The Introduction of Paddlers provides the race fans an opportunity to celebrate their favorite paddlers, and it provides the competitors an opportunity to shine in front of the race fans and recognize them as the stars of the event.

POST-RACE AWARDS DINNER

All registered Marathon paddlers are invited to attend the Post-Race Awards Dinner in Oscoda. In lieu of tickets, a list of all registered paddlers will be at the door, and attendees will check-in at the door for the dinner.

The cost of entry is free for registered Marathon paddlers. The cost of entry for non-paddler attendees (such as spouses or feed team members) will be announced at the Pre-Race Briefing. Drugs, alcohol, and tobacco are not permitted on school property.

SOCIAL MEDIA POSTS

Social media posts are key to telling folks the story of The Marathon. Our social media following is growing. Please help the volunteer ARCM Social Media Team put the spotlight on the competitors for the 75th running of this great race:

- Use these #HashTags on your AuSable Marathon-related posts, photos and videos: #HupAllNight #ARCM75 @ausablemarathon
- Other good #HashTags to use: #ARCM #triplecrownofcanoeracing #marathoncanoeracing #puremichigan #ultraendurance #marathon #marathontraining
- Consider creating a Facebook page and/or Instagram account for your team, such as newcomers Allison & Mallory have done on FB & IG with @crazyandcollected.

Teams that shoot video during the Marathon are invited to share their video with the race committee and Consumers Energy for potential use in the Marathon docu-series, and for other promotional purposes. Please share your 2023 Marathon footage with us by August 7th, 2023, via this link: <https://tinyurl.com/AuSable75>

If you have questions, comments or - especially - suggestions, please contact the #ARCMSocialMediaTeam. Contact us via email at socialmedia@ausablecanoemarathon.org — OR — contact us via the ARCM Facebook or Instagram accounts.

USEFUL INFORMATION [CONTINUED]

ARCM SCHOLARSHIP FUND

As part of an effort to be more proactive within our communities, the ARICM, Inc. Marathon Committee created a scholarship fund in January 2017. Our goal is to award four scholarships each year as follows:

- ◆ A graduating senior from Crawford AuSable (Grayling) High School
- ◆ A graduating senior from Oscoda High School
- ◆ A graduating senior from Mio-AuSable High School
- ◆ A Marathon paddler who is currently pursuing a degree or enrolled in a trade school—OR—a graduating senior who is the child or grandchild of a past or current Marathon paddler.

Academic performance is considered; however, the primary selection criteria is involvement in school and community activities. The scholarship recipients will be announced during the Opening Program in Grayling and the Finish Line Awards Dinner in Oscoda. The recipient's name and school attending will be printed in a congratulatory message in the Marathon Spectator Guide. Each recipient will also be invited to the Marathon VIP areas at the Start and Finish Line.

For more information, please visit the Marathon website.

MARATHON C-1 CHALLENGE SCHOLARSHIP FUNDRAISER

Beat Mike Davis! Beat Steve Lajoie! Beat Chris Issendorf!

The Marathon Scholarship Fund was established in 2017. All monies are generated through independent fundraisers. No amounts are taken from the Marathon general operating fund. Total Scholarship distributions to-date including this year's awards will be \$16,000.00.

In recognition of the 75th year of the Marathon, the Scholarship Committee will be conducting a new fundraiser Saturday July 22 and Monday July 24, 2023. Our goal is to raise money for the Scholarship Fund while promoting friendly competition within the paddling community. The fundraiser is open to Marathon and non-Marathon paddlers.

The event will happen like this:

Each participant in the C-1 Challenge Fundraiser will make a donation of \$10.00 to the Scholarship Fund and will paddle his/her C-1 from Joe Wakeley's house to Burton's Landing (the road-end, not the landing).

Paddlers can choose one of two ways to participate:

- 1) If you are competing in the Spike's C-1 race on Saturday, we will use your finish time in that event as your "pre-adjusted time" in this fundraiser.
- 2) If you are not competing in the Spike's C-1 race, you may paddle on Monday July 24. There will be an interval start, two participants per minute beginning at 4:30 PM. The start will be determined in order of entry.

Each participant's time will be recorded. The goal is to beat Mike, Steve, or Chris' time. **Many of you will say, "I can't beat those guys!" With our help, yes you can!** We have established a "time adjustment/handicap" system based on past performances in the Spike's C-1 race as well as other factors.

Prizes/Awards/Benefits

- Friendly competition, with bragging rights
- The satisfaction of knowing you helped a good cause
- A free t-shirt to those who beat Mike, Steve, or Chris, noting your success

For more information and to obtain an entry form, contact John Cherven.

Office: 989-348-2554 — Cellphone (including text): 989-619-5289 — Email: chervenj@yahoo.com

USEFUL INFORMATION [CONTINUED]**LODGING**

Camping facilities are available in the Grayling and Oscoda areas. Motel/hotel facilities are strictly limited; reservations should be made well in advance.

Contact the local Visitors Bureau for more information:

Oscoda: 1-877-8-OSCODA www.oscoda.com
Grayling: 1-800-YES-8837 www.grayling-mi.com
Mio: 1-989-826-3331 www.oscodacountymi.org

LOCATION ADDRESSES

Grayling Race Office Phone: (989) 745-6576 100 South James St. Grayling, MI 49738 (In the Nature Center, between the American Legion and Spike's Keg O' Nails)	Grayling Middle School 500 Spruce St. Grayling, MI 49738	Ramada Inn of Grayling 2650 I-75 Business Loop Grayling, MI 49738	Penrod's Canoe Rental 100 Maple St. Grayling, MI 49738
Old AuSable Fly Shop 200 Ingham St. Grayling, MI 49738	Grayling City Park 213 N. James St. Grayling, MI 49738	Former Grayling Chamber of Commerce Building 213 N. James St. Grayling, MI 49738 (Between the Nature Center and Spike's Keg O' Nails)	
Oscoda Race Office Phone: (989) 820-5031 5123 US-23, Unit B Oscoda, MI 48750 (Located Between Subway & Profiles Hair Design)	AuSable Inn 600 S. State St. (US-23) Oscoda, MI 48750	Finish Line Park 500 S. State St. (US-23) Oscoda, MI 48750 (Next to AuSable Inn & the Mill Street Bridge)	Oscoda High School 3550 E. River Rd. Oscoda, MI 48750

RACE RULES

ATTENTION MARATHON CONTESTANTS: Be sure to carefully review the Race Rules.

Section 1. Contestants & Team Entry

- 1.1. Teams will comprise of two contestants per canoe.
- 1.2. The minimum age for a contestant to participate in the AuSable River Canoe Marathon is 15 years of age.
- 1.3. Contestants under 18 years of age must have written parental/guardian consent on their entry form.
- 1.4. Amateur contestants may paddle in the Marathon and decline their prize money.
- 1.5. Teams are required to race as indicated on their entry form. No contestant substitutions are allowed.
- 1.6. The two contestants must continue together as a team for the duration of the race in the same canoe that they start with.
- 1.7. Any changes in the team entry, prior to the Late Entry Deadline, will require a newly completed and signed entry application and will be subject to a new entry fee, based on the date the new entry is received by the Race Committee (or the date the new entry application is postmarked, in regards to the Early and Main Entry Deadlines).
- 1.8. There will be no refund of entry fees for entry changes or for withdrawal from the race.
- 1.9. If a team withdraws prior to the Late Entry Deadline and one of the team members re-enters with a new partner, a credit equal to 50% of the original entry fee will be applied to the new entry. The entry fee credit pertaining to partner changes is limited to one change per person.
- 1.10. No entries will be accepted after the Late Entry Deadline.

Section 2. Contestant Check-In

- 2.1. All contestants must check-in before their Time Trial at the **former Grayling Chamber of Commerce building**, or at the Grayling City Park Pavilion the Saturday before the race, as listed on the Event Schedule.
- 2.2. For teams with a scheduled Time Trial on Wednesday or Thursday of Race Week, the check-in deadline is 2:00 P.M. on the day of their Time Trial.
- 2.3. Any teams in which one or both contestants fail to check-in by their respective Wednesday or Thursday 2:00 P.M. deadline will be assessed a \$200 penalty, and granted a two hour extension (to 4:00 P.M.) to check-in at the Grayling Race Office. The \$200 fee must be paid at the time of check-in. Such teams will be re-assigned a new Time Trial sprint slot.
- 2.4. Any team in which one or both contestants fail to check-in by their respective extended Wednesday or Thursday deadline of 4:00 P.M. will be disqualified from the Marathon.
- 2.5. For teams with a scheduled Time Trial on Friday of Race Week (or any other Marathon contestants), the check-in deadline is 12:00 P.M. (Noon) on Friday.
- 2.6. Any team in which one or both contestants fail to check-in by their respective Friday 12:00 P.M. (Noon) deadline will be assessed a \$200 penalty, and granted a two hour extension (to 2:00 P.M.) to check in at the Grayling Race Office. The \$200 fee must be paid at the time of check-in. Such teams will be re-assigned a new Time Trial sprint slot at the end of Friday's regular Time Trial schedule.
- 2.7. Any team in which one or both contestants fail to check-in by their respective extended Friday deadline of 2:00 P.M. will be disqualified from the Marathon.

Section 3. Mandatory Events

- 3.1. All Marathon participants must report for the Pre-Race Briefing (at the day & time specified in the Event Schedule) and must remain in attendance in the designated area for the entire Briefing.
- 3.2. The Pre-Race Briefing officially begins with the calling of the first name in the Roll Call of Participants and ends with the dismissal by the Briefing Coordinator.
- 3.3. In the event a Participant arrives after the start of the Briefing but before completion of the Roll Call, his/her Team will be assessed a fifty dollar (\$50.00 USD) penalty.
- 3.4. In the event a Participant arrives after completion of the roll call, his/her Team will be assessed a one hundred dollar (\$100.00 USD) penalty.
- 3.5. In the event a Participant misses the entire Briefing, his/her Team will be assessed a two hundred dollar (\$200.00 USD) penalty, plus a ten (10) minute time penalty, added to the Team's finish time.
- 3.6. Dollar penalties assessed under this Section must be paid to a Marathon Committee member by 3:00 P.M. of Race Day. Failure to pay the penalty by this deadline will result in disqualification from the Marathon.
- 3.7. Teams (both contestants, together) which are not present when the team's names are called for the Introduction of Paddlers at the Pre-Race Program Saturday night will be penalized their Marathon starting position by being moved behind the back row for the race start.

RACE RULES [CONTINUED]

NORTH AMERICAN MARATHON RACING CANOE SPECIFICATIONS

EXPERT/PRO 3X27 C-2

1. Maximum length of the hull shall be 18'6" (eighteen feet, six inches).
2. Minimum heights, measured from the 0" waterline:
 - A) 15" bow – 10" center – 10" stern
 - B) The minimum-height gunwale line shall conform a continuous, smooth arch-curve.
3. Minimum width:
 - A) 33" on the top, at the gunwale line
 - B) 27" wide at the 3" waterline or 3" draft
4. The points at which the 33" minimum top-width measurement and the 27" minimum waterline-width measurement are taken may be divided up to 14" maximum.
5. The 33" minimum top-width and the 27" minimum waterline width may be measured a maximum of 14" fore or aft of the center of the canoe.
6. The cross-section(s) of the hull at the location(s) of the 33" minimum top-width and the 27" minimum waterline-width shall have no more than 1/4" concavity between the 3" waterline and the gunwale line of the hull.
7. No concave curve(s) are allowed under the 3" waterline. The imperfections from repairs will be tolerated but will have to be very minimal to conform to the regulations.
8. All of the measurements will be verified on the exterior of the hull. Gunwales, sponsons, and keels shall not be included in the measurement whether added to the hull or built into the hull.
9. A manual (non-electric) foot pump may be used as a bailing device.

COMPETITION CRUISER 4X32 C-2

1. Cruising canoes of maximum length 18'-6" (eighteen feet, six inches).
2. Width not less than 0.14375 times the length of the canoe in inches, measured at a 4" waterline.
 - A) Minimum bow height = 15-1/2".
 - B) Maximum stern height = 11-1/2".
 - C) Minimum depth = 11-1/2" inside.
3. A manual (non-electric) foot pump may be used as a bailing device.

Reference USCA Competition Rules Chapter V. "Canoe Specifications and Method of Measurement" Section A. for full Competition Cruiser (4X32) C-2 specs (www.uscanoe.com)

Section 4. Canoe Specifications & Canoe Numbers

- 4.1. Participants may utilize either a 3x27 Pro (a.k.a. Expert) or a 4x32 Competition Cruiser (a.k.a. Amateur) canoe.
- 4.2. Recreational canoes are not acceptable. Canoes used by all contestants must be a commonly recognized type C-2 racing shell, and must meet the official Marathon specifications (see tables above).
- 4.3. **Spray decks and splash covers are permitted for 3x27 and 4x32 canoes.**
- 4.4. Teams are required to use the canoe number stickers supplied by the Race Committee during race week. The stickers will be similar in size, material, and design as those used since the 2002 Marathon.
- 4.5. Teams must use a two-digit number from 00 to 99 provided by the committee (This rule may be modified if more than 100 teams enter).
- 4.6. The assigned canoe number stickers are printed to a size that is visible to race timers and spectators from a distance. The stickers also include the name and/or logo of the Marathon's Title Sponsor. Any alteration to these stickers without permission from the Competition Committee will result in a ten (10) minute time penalty.
- 4.7. **The canoe number stickers must be adhered near the bow of the canoe.**
- 4.8. **Only the officially issued Marathon number is to be visible. Any other canoe number is to be removed or covered.**

Section 5. Canoe Measuring, Inspection, & Sequestration

- 5.1. Official measuring of the canoes will be available at the Time Trials on Wednesday, Thursday and Friday.
- 5.2. Any team that chooses not to have their canoe measured during the Time Trials, or if their canoe fails to meet all required specifications when measured at the Time Trials, must present their canoe for measuring at the Official Canoe Inspection before 12:00 P.M. (Noon) on Race Day Saturday.
- 5.3. All canoes must be presented for inspection during either of the Official Canoe Inspection and Sequestration periods listed on the Event Schedule, or during other times announced at the Pre-Race Briefing.
- 5.4. All canoes must be presented for Official Canoe Inspection and Sequestration in "race ready" condition (with lifejackets, whistles, and any other required safety equipment).

RACE RULES [CONTINUED]

Section 5. Canoe Measuring, Inspection, & Sequestration [Continued]

- 5.5. Once canoes pass inspection, they will be sequestered, and will remain in the designated location until the official sequestration release time on Race Day Saturday. The “Official Canoe Inspection and Sequestration” location, and the “Canoes Released from Sequestration” time are listed on the Event Schedule.
- 5.6. All canoes must be in race ready condition, pass inspection, and be sequestered by 12:00 P.M. (Noon) on Race-Day Saturday. Any team whose canoe does not pass inspection at the Official Canoe Inspection before 12:00 P.M. (Noon) the day of the Marathon will be disqualified.
- 5.7. During sequestration, absolutely no admittance will be permitted.
- 5.8. Prior to the race, no contestant nor member of their support crew shall touch another contestants canoe or equipment without permission.
- 5.9. A decal will be placed on the canoe by the Marathon Committee if the canoe meets all the required specifications outlined in the Race Rules and entry information. Intentional removal of the Inspection Decal will result in disqualification.
- 5.10. Canoes will also be inspected at the finish line area.
- 5.11. The Marathon Committee reserves the right to measure or re-measure any canoe prior to the start of the race, or at the finish line area, as part of the Official Canoe Inspection.

Section 6. Required Safety Equipment

- 6.1. Each contestant shall have at least one U.S. Coast Guard approved **Type I, II, or III inherently buoyant** lifejacket/PFD and sound signaling device (pea-less type whistle) in the canoe at all times, that are easily accessible. The whistle may be either attached to the lifejacket or to the contestant. Lifejackets/PFD’s may not be taped-in or otherwise permanently secured, and will be inspected. Lifejackets/PFD’s shall be the correct size for the paddler, and not have holes in the material or holes covered with tape; properly made repairs to lifejackets/PFD’s – stitched up rips or tears – are acceptable.
- 6.2. Contestants should ensure they have all the above required safety equipment when they present their canoe at the Official Canoe Inspection; this required safety equipment will not be available for purchase at the Canoe Inspection.
- 6.3. A Global Positioning System (GPS) device will be applied to each canoe prior to the race start. Once the GPS has been activated by the Committee, no contestant shall intentionally turn off the GPS device. If a GPS device is intentionally turned off by a contestant or a member of his or her team, a penalty will be applied to the contestants’ finishing time.
- 6.4. In addition to the GPS device supplied by the race committee, the use of an additional GPS or similar device is permitted.

Section 7. Accommodations

- 7.1. ARCM policy is to provide qualified paddlers / entrants a reasonable accommodation under the Americans With Disabilities Act (ADA). A qualified paddler / entrant under the ADA is an individual who experiences a disability and requires an accommodation in order to compete in the ARCM. A reasonable accommodation is one that will not fundamentally alter the competitive nature of the ARCM.
- 7.2. Requests for an ADA reasonable accommodation must be in writing and submitted by the race entry deadline. Accommodation requests must disclose the paddler / entrant's disability, how the accommodation(s) requested relate to their disability, and a description of the reasonable accommodation requested.
- 7.3. Accommodation requests will be reviewed by the Accommodations Sub-Committee. Reasonable accommodations in accordance with the law will be granted. When a paddler/entrant’s preferred accommodation is not reasonable, the Accommodations Sub-Committee and paddler/entrant shall agree on a reasonable alternative that does not afford the paddler/entrant a competitive advantage over other teams or alter the competitive spirit of the ARCM.

Section 8. Race & Race Course

- 8.1. A single blade canoe paddle of any width, length, or material is the only means of propulsion each contestant may use.
- 8.2. Except for the six (6) hydroelectric dam portages, canoes must remain in the riverbed.
- 8.3. Portages for the hydroelectric dams must be done in the direction as described during the Pre-Race Briefing.
- 8.4. Leaving the riverbed to advance the canoe constitutes an illegal portage.
- 8.5. To remain in the “riverbed”, contestants must be in the water, shoes wet.
- 8.6. Race officials will be posted at unspecified points along the race course.
- 8.7. Canoes may be removed from the river by the contestants for repairs or due to illness or injury, but must re-enter the river at the point of exit.
- 8.8. All repairs must be performed by the contestants.
- 8.9. It is illegal to use any “cuts” (flowing shortcuts) identified during the Pre-Race Briefing as “closed.”

RACE RULES [CONTINUED]

Section 8. Race & Race Course [Continued]

- 8.10. Cut-off times have been established at the following timing checkpoints along the race course. Teams that require more than the following time to reach any one of the listed locations will be disqualified and must leave the race course at that point.

Timing Location	Race Time	Time of Day	Timing Location	Race Time	Time of Day
Burton's Landing	None	N/A	McKinley Bridge	9:30:00	6:30 A.M.
Stephan Bridge	2:00:00	11:00 P.M.	4001 Bridge	None	N/A
Wakeley Bridge	None	N/A	Alcona Dam	11:30:00	8:30 A.M.
McMasters Bridge	4:00:00	1:00 A.M.	Loud Dam	13:45:00	10:45 A.M.
Parmalee Bridge	None	N/A	Five Channels Dam	14:15:00	11:15 A.M.
Camp Ten Bridge	6:30:00	3:30 A.M.	Cooke Dam	15:45:00	12:45 P.M.
Mio Dam	7:00:00	4:00 A.M.	Foote Dam	17:15:00	2:15 P.M.

- 8.11. The official start of the Marathon occurs with the sounding of the official starting signal, as defined during the Pre-Race Briefing. The official starting signal is the only signal given to begin the sprint to the river.
- 8.12. A false start, defined as any team moving their canoe prior the official starting signal, will result in an automatic two (2) minute penalty added to their race time
- 8.13. Any team, including members of a team's support crew, who instigates a false start will be subject to a two (2) minute penalty added to their team's race time.
- 8.14. The Marathon is officially concluded nineteen (19) hours after the start (4:00 P.M.). The Race Committee ceases all race course functions at that time.
- 8.15. Teams which do not finish within nineteen (19) hours do not qualify for awards.

Section 9. Non-Competing Watercraft

- 9.1. A competing canoe shall not benefit by means of a tow or pull, wake riding, pacing, leading, or feeding from a non-competing watercraft.
- 9.2. In the event a competing canoe capsizes, (or incurs significant damage such as a hole or bailer problem which threatens its ability to stay afloat), the contestants may receive assistance from a designated safety patrol boat or other watercraft. This activity is limited to returning the canoe to an upright position, assisting the contestants to get back into their canoe, or bringing the canoe safely to shore.
- 9.3. In the event a paddler requires medical attention, the contestants may seek such assistance from a designated safety patrol boat or other watercraft.
- 9.4. If, as the result of one of these procedures the canoe has moved forward, it should be returned to the previous spot before the team continues the race.

Section 10. Provisions, Support Crews, & Littering

- 10.1. Contestants are responsible for their own food and water. Contestants may receive food, water, and extra paddles during the race.
- 10.2. Contestants may receive assistance from their support crew to change apparel items, to add or remove flashlights or batteries, to receive spare paddles, to remove or replace food, jugs, cups etc., or to apply lotion-type items such as sunscreen or pain relief cream. However, contestants may not receive assistance in conveying the canoe or any required equipment.
- 10.3. Each team must designate a Support Crew Captain to the Grayling Race Office no later than the mandatory Contestant Check-in deadline on Friday of Race Week. It is encouraged that each team's Support Crew Captain attend the Pre-Race Briefing.
- 10.4. The Support Crew Captain is responsible for the actions of his/her support crew members. The Captain should brief all support team members regarding the race rules.
- 10.5. Anyone wearing a feeder wristband or possessing a Marathon parking pass is considered to be part of the support crew.
- 10.6. Contestants must carry the canoe, at least two (2) lifejackets, two (2) whistles, and at least two (2) paddles through all portages. No one is allowed to help convey or advance a contestant, canoe, and/or the specified equipment. Feeders may stabilize a canoe during a pit stop. However, a "push-off" after feeds or portages, and/or aiding the forward motion of the canoe at any time is not allowed.

RACE RULES [CONTINUED]

Section 10. Provisions, Support Crews, & Littering [Continued]

- 10.7. Per U.S. Coast Guard & Michigan DNR Regulations, contestants are not to throw trash such as jugs, cups, plastic bags, etc. into the river. The support team is responsible for all clean-up during and after each pit stop at non-portage locations. At portages (dams), teams may empty their boat of accumulated trash, to be picked up by a crew provided through a special sponsorship. Teams will not be penalized for any trash left behind AT PORTAGES ONLY.
- 10.8. The Marathon Committee will establish a specific list of persons who will act as a monitoring group for littering. They will include but are not limited to: all Marathon Committee Members, all law enforcement personnel, plus designated volunteer spotters. Enforcement and penalty assessment shall be the responsibility of the Competition Committee.
- 10.9. Contestants who litter the river or surrounding land areas, or whose support crew does not clean up during or after a non-portage pit stop are subject to a penalty. The first violation by a team (this includes contestants and/or their support crew), witnessed by a member of the monitoring committee will result in a time penalty of ten (10) minutes. The second violation by the same team will result in an additional twenty (20) minute time penalty. The third violation by the same team will result in disqualification. Any violation not witnessed by a member of the monitoring committee will result in a verbal warning to the team at the next official timing location.

Section 11. Sportsmanship & Rule Enforcement

- 11.1. Commonly accepted rules of sportsmanship will prevail.
- 11.2. Intentional capsizing or damaging an opponent's canoe, or other flagrant unsportsmanlike conduct, will result in disqualification.
- 11.3. Under no circumstances shall any illegal drug(s) be taken.
- 11.4. Any contestant who has a physical ailment for which it is necessary to ingest a controlled substance (prescription medication) shall so declare in writing to the Competition Committee no later than before the start of the Pre-Race Briefing.
- 11.5. All protests by a contestant must be made to the Competition Committee in writing within 30 minutes of the Protesting team's race finish or withdrawal from the race, accompanied by a \$100 non-refundable protest fee.

Section 12. Drop From Race

- 12.1. If a team drops out of the race, one team member or their feeder/support Captain must report to the nearest timing location to sign out of the race. Teams must call the Marathon Office (989-745-6576) to report that they are leaving the race, and they MUST still report to a timing location as soon as possible to officially sign out of the race.
- 12.2. Contestants/team members who leave the race and fail to officially sign-out of the race are subject to potential disqualification from the following year's Marathon.

Section 13. Competition Committee

- 13.1. The Competition Committee will be comprised of five (5) primary members and one (1) or more alternate members designated by the AuSable Marathon Organizing Committee.
- 13.2. Designation of the Competition Committee will be accomplished prior to the Pre-Race Briefing.
- 13.3. A minimum of three (3) members of the Competition Committee are required in order to meet for consideration of potential infractions, penalties, protests, etc.
- 13.4. A majority of the competition committee [and/or alternates standing in for primary members] - three (3) votes - shall be required for a decision.
- 13.5. If three [or four] members meet and there are not three (3) votes for a decision [a majority-vote of the 5-member Competition Committee], consideration of the matter will be tabled until other member(s) or alternates can be brought into the process in order to achieve a three-vote decision.
- 13.6. Imposition of any sanction or penalties is the responsibility of the Competition Committee. The Competition Committee reserves the right at all times to modify, amend or abbreviate the rules and to impose, modify, or waive any penalty or sanction.
- 13.7. Prize money will be withheld from the affected team(s) until the Competition Committee reaches a decision. Marathon results will be identified as "preliminary" or "unofficial" until the penalty/protest process is complete. Prize money will be distributed to the other teams, pending outcome of the penalty process. Supplemental prize checks will be distributed if the outcome of the race is changed by the penalty/protest.

RACE RULES [CONTINUED]

Section 14. Infraction/Penalty Information

- 14.1. Infractions and penalties will fall into one of two categories; Unsportsmanlike Conduct or Disqualification.

Unsportsmanlike Conduct (USLC)

- 14.2. The penalty may be a time penalty or range up to and including disqualification. Consideration is given to whether the infraction was unintentional or intentional, and also to the degree of advantage gained by the infraction.
- 14.3. All USLC infractions and penalties will be considered as to how they would potentially affect EVERY team in the race if that team were to receive the same penalty, so that the Competition Committee can attempt to ensure that the assessment of penalties will be consistent and precedent-setting whenever they are imposed.

Disqualification (DQ)

- 14.4. Contestants who are disqualified while the race is in progress, will be asked to leave the race course.
- 14.5. Disqualified teams are not eligible for payouts, bonuses, or finisher prizes.
- 14.6. Depending on the severity of the infraction, contestants may be subject to penalties and/or impositions for future events.

Section 15. Inclement Weather

- 15.1. Decisions about inclement weather will be at the discretion of the Competition Committee.

Section 16. [Reserved for Future Use]

Section 17. [Reserved for Future Use]

Section 18. [Reserved for Future Use]

Section 19. [Reserved for Future Use]

Section 20. Time Trials (Sprints) & Starting Positions

- 20.1. The Time Trials determine the starting positions for the LeMans-style run to the river on Marathon night.
- 20.2. Teams do not have to use their Marathon canoe in the Time Trials; however all canoes must meet specifications per Section 4, and may be measured prior to the Time Trial.
- 20.3. Any team not ready to paddle at its assigned sprint slot will be assessed a two (2) minute Time Trial penalty, and will be assigned a new sprint slot to be determined by the committee.
- 20.4. Teams which do not participate in the Time Trials will be penalized for their Marathon starting position by being moved behind the back row for the race start. **If multiple teams do not participate in the Time Trials, such teams will be lined up behind the back row in Marathon Entry List order.**
- 20.5. **If a team participates in the Time Trials but withdraws from the Marathon before the start of the race, their designated starting location for the run to the river will be vacated (leaving a gap in the starting grid). Teams with starting positions after the vacated spot may NOT move their canoe to fill the vacated spot. Any teams that move forward of their designated starting position will be subject to a false start penalty (Refer to Section 8).**
- 20.6. **[Reserved for Future Use]**

Time Trial Course

- 20.7. The Time Trials are conducted on a predetermined looped course. Contestants are required to paddle upstream to a set turnaround buoy, where they are to execute a counter-clockwise turn around the buoy, and return downstream to the start/finish line.
- 20.8. One canoe will be released onto the Time Trial course at designated intervals.
- 20.9. Running in the river with the canoe is permitted, provided the canoe and both contestants stay in the riverbed (shoes wet) at all times.
- 20.10. Both contestants must be in the canoe for the last ten (10) yards of the Time Trial course to the finish line.
- 20.11. No ropes or other towing devices may be used at any time.
- 20.12. The Time Trial course buoys will be in place at least two (2) hours prior to the start of the Time Trials each day for practice runs.
- 20.13. Warm-up paddling will be permitted downstream of the start/finish line as long as it does not interfere with any other special events such as the Business Relays on Thursday or the Special Olympics race on Friday.
- 20.14. The Time Trial course will be closed 15 minutes prior to the first scheduled time trial each day, and will remain closed to ALL competitors for practice during the Time Trials. No contestants will be allowed on the course Wednesday, Thursday, and Friday during each scheduled Time Trials period (as listed on the Event Schedule), except during their assigned sprint slot. Teams that violate this course closure will be subject to a two (2) minute Time Trial penalty.
- 20.15. Breaks have been set up during the Time Trial schedule to allow livery canoes to pass through. No Marathon contestants are allowed on the Time Trial course during these breaks. Teams that violate this course closure will be subject to a two (2) minute Time Trial penalty.

RACE RULES [CONTINUED]

Section 20. Time Trials (Sprints) [Continued]

Time Trial Course [Continued]

20.16. Individuals, whether spectators or race team members, are NOT allowed in the riverbed during the Time Trials for any reason without permission from the Competition Committee. If a person associated with a team is found to be in the river during the Time Trials, that team will be subject to a two (2) minute Time Trial penalty.

Turnaround Buoy

20.17. The canoe and both paddlers must completely turn the buoy on the upstream side in a counter-clockwise direction. A representative from the Marathon Committee will observe the buoy turn for each team.

20.18. Unintentional failure to successfully complete the buoy turn will result in the assessment of a thirty (30) second Time Trial penalty.

20.19. Intentional failure to successfully complete the buoy turn will result in disqualification from the Time Trials, and the team will be will be penalized for their Marathon starting position by being moved behind the back row for the race start.

Lane Marker Buoys

20.20. Immediately upstream of the start/finish line, above the State Street Bridge and canoe liveries, are four (4) orange buoys. Contestants paddling upstream or returning downstream are required to pass all the buoys on the left.

20.21. Unintentional failure to pass the buoys on the left will result in a thirty (30) second Time Trial penalty for each missed buoy.

20.22. Intentional failure to pass the buoys on the left will result in disqualification from the Time Trials, and the team will be will be penalized for their Marathon starting position by being moved behind the back row for the race start.

20.23. If failure to stay to the left results in interference with another team, a further sanction may be imposed, and the team affected by the interference will be afforded the option of re-sprinting at a time to be determined by the Competition Committee.
