

## TIME TRIALS FOR MARATHON STARTING POSITION

Thursday July 23rd 4-9 p.m. and Friday July 24th 2-5:45 p.m.

Sponsored by Kirtland Community College

At Penrod's Canoe Livery, Grayling

Marathon teams paddle a looped course to determine Marathon starting positions for Saturday nights LeMans start and order for Saturday's canoe inspection (Fastest = best line up and first inspected) One canoe will be released onto the course at designated intervals. Be sure to select your preferred Time Trial start time on the entry form. **Note:** You do not have to use your Marathon canoe in the time trials; however all canoes must meet specifications and may be measured prior to the time trial. An official measuring of your Marathon canoe is available Thursday and Friday afternoon at the time trials. **ALL** canoes must still pass the official inspection on Saturday.

The time trial course will be closed to ALL competitors during the Time Trials except those paddling their designated time. *Teams which fail to participate in the Time Trials will be penalized for their Marathon starting position.*

**Violations will be subject to a 2 minute Time Trial penalty.** Time trial course buoys will be set at least two hours before the event each day. Competitors wishing to look over the course are encouraged to do so at that time.

## 2009 Weyerhaeuser AuSable River Canoe Marathon

### Time Trials for Position

### Additional Rules & Information

#### PENROD'S CANOE LIVERY

#### THURSDAY, JULY 23 AND FRIDAY, JULY 24, 2009

The Time Trials determine the starting positions for the LeMans style run to the river on Saturday night. The lineup on Saturday night will be in rows of five (5) teams in order of the Time Trial results-fastest first. The Time Trials also determine the order of canoe inspection-fastest first, immediately following the Pre-Race Briefing at noon on Saturday at Citizens Bank. The Time Trials will be conducted Thursday, July 23 from 4:00 to 9:00 PM and Friday July 24 from 2:00 to 6:00 PM.

The Time Trials for Position are conducted on a predetermined looped course. Contestants are required to paddle downstream to a set buoy, where they are to execute a counter-clockwise turn around the buoy, and return upstream to the start/finish line. The canoe and both paddlers must completely turn the buoy on the downstream side. Neither the canoe, the contestants, nor any part of their body or their paddles may pass in front of or over the buoy. A representative from the Marathon Committee will observe the buoy turn for each team. Unintentional failure to successfully complete the buoy turn will result in the assessment of a thirty (30) second penalty which will be added to the team's Time Trial time. Intentional failure to successfully complete the buoy turn will result in disqualification from the Time Trials, and the team will be placed at the back of the pack for the start of the Marathon Saturday night.

Immediately downstream of the start/finish line, in front of Penrod's cabins, are four (4) orange buoys. Contestants paddling downstream or returning upstream are required to pass all the buoys on the right. Unintentional failure to pass on the right will result in a thirty (30) second penalty added to Time Trial time for each buoy missed. Intentional failure to pass the buoys will result in disqualification from the Time Trials, and the team will be placed at the back of the pack for the start of the Marathon. If failure to stay to the right results in interference with another team, a further sanction may be imposed, and the team interfered with will be afforded the option of starting over.

Running in the river with the canoe is permitted, provided the canoe and both contestants stay in the riverbed (shoes wet) at all times. No ropes or other towing devices may be used at any time. Both contestants must be in the canoe for the last ten (10) yards of the Time Trial course to the finish line.

**No contestants will be allowed on the Time Trial course between 4:00 PM and 9:00 PM Thursday, or between 2:00 PM and 6:00 PM Friday except at their designated Time Trial start time.** Any team violating this rule will be subject to a two (2) minute penalty, added to their Time Trial time. The turnaround buoy will be in place at least two (2) hours prior to the start of the Time Trials both days for practice runs. Warm-up paddling will be permitted upstream of the start/finish line as long as it does not interfere with any other special events such as the Business Relays on Thursday or the Special Olympics race on Friday. Breaks have been set up during the Time Trial schedule to allow livery canoes to pass through. **No Marathon contestants are allowed on the Time Trial course during these breaks.**

Any team which is not ready to paddle at its designated time will be assessed a two (2) minute penalty, added to Time Trial time, and will be moved to the end of the day's Time Trial schedule.

The Special Olympics race will start at 4:30 PM on Friday. The Paddlers' Dinner will be held at the Ramada Inn at 6:30 PM.

Official measuring of the canoes will be available at the Time Trials on Thursday and Friday. A decal will be placed on the canoe by the Marathon Committee if the canoe meets all the required specifications outlined in the rules and entry packet. All canoes must be presented for inspection (lifejackets, flares and whistles) following the Pre-Race Briefing at noon on Saturday. The canoes will be presented Saturday in the order of Time Trial results-fastest first.

The Marathon Committee will measure the canoes of the five (5) fastest Time Trial teams (first row for the Marathon) as part of the Official Inspection process following the Pre-Race Briefing even though such canoes may have already been measured at the Time Trials on Thursday or Friday. Any team which chooses not to have their canoe measured during the Time Trials, or their canoe failed to meet all required specifications when measured at the Time Trials, must present their canoe for measuring at the Official Inspection following the Pre-Race Briefing on Saturday. The Marathon Committee reserves the right to re-measure any canoe as part of the Official Inspection on Saturday.

## 2009 Weyerhaeuser AuSable River Canoe Marathon Marathon Race Rules

**ATTENTION MARATHON CONTESTANTS: Be sure that you carefully review the Race Rules. Also please carefully review the Time Trial For Position Rules and Information, and the Competition Committee & Infraction/Penalty Information**

1. Teams are required to race as indicated on their entry form. The two contestants must continue together as a team for the duration of the race in the same canoe that they start with.

No contestant substitutions are allowed. Any changes in the team entry, prior to the official entry deadline, will require a newly completed and signed entry application and will be subject to the new entry fee, based on the date the new entry is received by the Race Committee. There will be no refund of entry fees for entry changes or for withdrawal from the race. If a team withdraws prior to the last July entry deadline (see entry form) and one of the team members enters with a new partner, a credit equal to 50% of the original entry fee will be applied to the new entry. The entry fee credit pertaining to partner changes is limited to one change per person.

Amateur contestants may paddle in the Expert division and decline their prize money.

Minimum age to participate – 15 years of age. Contestants under 18 years of age must have written parental/guardian consent on their entry form.

2. All contestants must check in, before their Time Trial, at the Marathon Race headquarters at the Grayling Mini Mall.

For teams sprinting on Thursday, the check in deadline is 2:00 PM on Thursday of race week. Any team in which one or both contestants fail to check in by the 2:00 PM deadline will be assessed a \$200 penalty, and granted a two hour extension up to 4:00 PM to check in at the Grayling Mini Mall. The \$200 fee must be paid at the time of check in. Such teams will be re-assigned a new Sprint time at the end of Thursday's regular Time Trial schedule. Any team in which one or both contestants fail to check in by the extended deadline of 4:00 PM will be disqualified from the Marathon.

All other Marathon contestants must check in by Noon Friday of race week. Any team in which one or both contestants fail to check in by the noon deadline will be assessed a \$200 penalty, and granted a two hour extension until 2:00 PM to check in at the Grayling Mini Mall. The \$200 fee must be paid at the time of check in. Such teams will be re-assigned a new Time Trial time at the end of Friday's regular Time Trial schedule. Any team in which one of both contestants fail to check in by the extended deadline of 2:00 PM will be disqualified from the Marathon.

3. Competitor canoe specifications are detailed in the entry packet. Participants may utilize either an Expert or Amateur canoe. Recreational canoes are not acceptable. Canoes used by all contestants must be commonly recognized type C-2 racing shells and must meet the official Marathon specifications.

Canoes must be presented for Official Inspection in "race ready" condition. Any canoe that does not pass inspection by 3:00 PM at the Official Inspection the day of the Marathon will be disqualified. Canoes will also be inspected at the finish.

Official measuring of the canoes will be available at the Time Trials on Thursday and Friday. A decal will be placed on the canoe by the Race Committee if the canoe meets all the required specifications outlined in the rules and entry packet. All canoes must be presented for inspection (life jackets, flares and whistles) following the Pre-

Race Briefing at noon on Saturday. The canoes will be presented Saturday in the order of Sprint results-fastest first.

The Race Committee will measure the canoes of the five (5) fastest Time Trial teams (first row for the Marathon) as part of the Official Inspection process following the Pre-Race Briefing even though such canoes may have already been measured at the Time Trials on Thursday or Friday. Any team which chooses not to have their canoe measured during the Time Trials, or their canoe failed to meet all required specifications when measured at the Time Trials, must present their canoe for measuring at the Official Inspection following the Pre-Race Briefing on Saturday. The Race Committee reserves the right to re-measure any canoe as part of the Official Inspection on Saturday.

Teams are required to use the canoe numbers supplied by the Race Committee during race week. The numbers will be similar in size, material and design as those used in the Marathon since the 2002 event. Teams must use a two digit number from 00 to 99 provided by the committee.

Commercial advertising is allowed on canoes. All teams are to have a clear [20" long x 5" high] from the gunwale to the water line on both sides of the canoe at the bow and at the stern so that the Race Committee can place promotional stickers on the canoe. These stickers are to remain on the canoes until the completion of the race.

4. A single blade canoe paddle is the only means of propulsion each contestant may use.
  5. Each contestant shall have at least one U.S. Coast Guard approved life jacket and sound signaling device (pea-less type whistle) in the canoe at all times, that are easily accessible. The whistle may be either attached to the life jacket or to the contestant. Life jackets may not be taped in or otherwise permanently secured and will be inspected. Life jackets shall not have holes in the material or holes covered with tape; properly made repairs to life jackets – stitched up rips or tears – are acceptable.
- Each team is required to carry three (3) U.S. Coast Guard approved red aerial flares. The flares must satisfy all Coast Guard day and night signal requirements. The flares are to be used to signal for aid only in the event of serious injury or illness or other life threatening situations.
- Contestants should ensure that they have all of the above required safety equipment when they present their canoe at the Official Inspection; this required safety equipment will not be available for purchase at the Official Inspection.
6. Following the Official Inspection canoes will be sequestered in a fenced and guarded area until race time. Absolutely no admittance will be permitted. Prior to the race no contestant shall touch another contestant's canoe or equipment without permission.
  7. Except for the six (6) dam portages, canoes must remain in the riverbed. Leaving the riverbed to advance the canoe constitutes an illegal portage. To remain in the "riverbed", contestants must be in the water, shoes wet. There will be race officials at unspecified points along the race course.
  8. Contestants may receive food, water and extra paddles during the race. Teams must carry the canoe, at least two (2) life jackets two (2) whistles and at least two (2) paddles through all portages. No one is allowed to help convey or advance a contestant, canoe and/or the specified equipment. Feeders may stabilize a canoe during a feed, however, a "push-off" after feeds or portages and/or aiding the forward motion of the canoe at any time is not allowed. Canoes may be removed from the river by the contestants for repairs or due to illness or injury, but must reenter the river at the point of exit. All repairs must be performed by the contestants.

- A competing canoe shall not benefit from a non-competing watercraft by means of a tow or pull, wake riding, pacing, leading or feeding from a non-competing watercraft.

In the event a competing canoe capsizes, (or incurs significant damage such a hole or bailer problem which threatens its ability to stay afloat), the contestants may receive assistance from a designated safety patrol boat or other watercraft. This activity is limited to returning the canoe to an upright position, assisting the contestants to get back into their canoe, or bringing the canoe safely to shore. Also, in the event a paddler requires medical attention the contestants may seek such assistance from a designated safety patrol boat or other watercraft. If as the result of one of these procedures the canoe has moved forward, it should be returned to the previous spot before the team continues the race.

- Contestants are responsible for their own food and water. Each team must designate a Support Crew Captain no later than the mandatory Contestant check-in deadline at the Mini Mall on Friday of race week. It is strongly encouraged that each team's Support Crew Captain attend the Pre-Race Briefing. The Captain is responsible for the actions for his/her support crew members. The Captain should brief all support team members regarding the race rules.**

**Contestants are not to throw trash such as jugs, cups, plastic bags, etc. into the river. The support team is responsible for all clean-up during all portages and after each feeding. Contestants who litter the river or whose support crew does not clean up during a portage or after feeding is subject to a penalty.**

**Contestants may receive assistance from their support crew to change apparel items, to add or remove flashlights or batteries, to receive spare paddles, to remove or replace food, jugs, cups etc., or to apply lotion-type items such as sunscreen or pain relief cream.**

**Contestants may not receive assistance in conveying the canoe or any required equipment.**

- Commonly accepted rules of sportsmanship will prevail. Intentional capsizing or damaging an opponent's canoe, or other flagrant unsportsmanlike conduct, will mean disqualification.
- It is illegal to use "cuts" (flowing shortcuts) identified as "closed" during the Pre-Race Briefing.
- All Marathon participants must report at noon, Saturday (race day) for the Pre-Race Briefing and must remain in attendance in the designated area for the entire Briefing. The Pre-Race Briefing officially begins with the calling of the first name in the Roll Call of Participants and ends with the dismissal by the Briefing Coordinator. In the event a Participant arrives after the start of the Briefing but before completion of the Roll Call, his/her Team will be assessed a fifty dollar (\$50.00) penalty. In the event a Participant arrives after completion of the roll call, his/her Team will be assessed a one hundred dollar (\$100.00) penalty. In the event a Participant misses the entire Briefing, his/her Team will be assessed a two hundred dollar (\$200.00) penalty plus a ten (10) minute time penalty, added to the Team's finish time. Dollar penalties assessed under this rule must be paid to a Marathon Committee member by 3 PM (race day). Failure to pay the penalty by this deadline will result in disqualification from the Marathon.**
- Teams (both members, together) which do not participate in the Time Trials For Position and/or are not present when the team's names are called for the Introduction of the Paddlers at the pre-race program which begins at 7:15 PM Saturday night will be penalized by being moved behind the back row for the race start.

- Cut-off times have been established at the following timing points along the racecourse. Teams that require more than the following time to reach any one of the listed locations will be disqualified and must leave the race course at that point.

Timing Locations	Hours	Timing Locations	Hours
Burton's Landing	None	McKinley Bridge	9:30
Stephan Bridge	2:00	4001 Bridge	None
Wakeley Bridge	None	Alcona Dam	11:30
McMasters Bridge	4:00	Loud Dam	13:45
Parmalee Bridge	None	Five Channels Dam	14:15
Camp Ten Bridge	6:30	Cooke Dam	15:45
Mio Dam	7:00	Foote Dam	17:15

- The Marathon is officially concluded nineteen (19) hours after the start. The Race Committee ceases all racecourse functions at that time. Teams which do not finish within nineteen (19) hours do not qualify for awards.
- Teams dropping from the race or their feeder/support Captain need to report to the nearest timing location to sign out of the race. Teams may also call the Marathon Office (989-348-4425) to report that they are leaving the race; they must still report to a timing location as soon as is possible to officially sign out of the race. Contestant/team members who leave the race and who do not officially sign out of the race are subject to potential disqualification from the following year's Marathon.
- Under no circumstances shall any illegal drug be taken. Any contestant who has a physical ailment for which it is necessary to ingest a controlled substance (prescription medication) shall so declare in writing to the Competition Committee no later than before the start of the Pre-Race Briefing.

A contestant who wishes to lodge a protest against another competitor under this rule shall submit the protest in writing, accompanied by a \$100 non-refundable protest fee.

In the event of a drug rule violation protest, the prize money of the contestant(s)/team against whom the protest has been made shall be held in escrow by the Race Committee pending results of the drug test and the conclusion of the protest.

The Competition Committee, whether on their own initiative or in response to a contestant's protest, has the right to collect specimens and conduct such laboratory tests necessary to prove or disprove the presence of any illegal drug or controlled substance in a contestant's body.

- All protests by a contestant must be made to the Competition Committee in writing within ½ hour of the race finish (19 ½ hours after the race start) accompanied by a \$100 non-refundable protest fee.
- Imposition of any sanction or penalties is the responsibility of the Competition Committee. The Competition Committee reserves the right at all times to modify, amend or abbreviate the rules and to impose, modify or waive any penalty or sanction.
- The use of Global Positioning System (GPS) or similar devices is permitted.